**VISHNU SAHASRANAMA**

Shukla ambaradharam Vishnum  
Shashi Varnam Chatur Bhujam  
Prasanna Vadanam Dhyayeth  
Sarva Vignopa Shantaye || 1 ||

**POORVA PEETIKA**

Vyasam Vasishta naptharam  
Shakteh Poutram - akalmasham  
Parashara - atmajam vande  
Shuka thatham tapo nidhim || 3 ||

Vyasaya Vishnu roopaya  
Vyasa roopaya Vishnave  
Namo vai Brahma nidhaye  
Vaasishtaya namo namaha || 4 ||

Avikaraya shuddhaya  
Nithyaya Paramatmane  
Sadaika roopa roopaya  
Vishnave Sarva Jishnnave || 5 ||

Yasya Smarana Matrena  
Janma Samsara Bandhanath  
Vimuchyate namah - tasmai (namas / tasmai)  
Vishnave prabha Vishnave || 6 ||

Aum namo Vishnave prabha Vishnave

Sri Vaishampayana uvacha  
Shruthva Dharman - asheshena  
pavanani cha Sarvashaha  
Yudhishtirah Shantanavam  
Punareva - abhi - abhashata (abhya / bhashatha) || 7 ||

Yudhishtira uvacha  
Kim - ekam daivatam loke  
Kim vapi - ekam (vapye / kam) parayanam  
Stuvantah kam kam - archantah  
Prapnuyuh - manavah (Prapnuyur / manavah) shubham || 8 ||

Ko Dharmah sarva Dharmanaam  
bhavatah paramo mataha  
Kim japan - muchyate jantuhu  
Janma samsara bandhanath (jantur / janma) || 9 ||

Sri Bheeshma uvacha  
Jagat prabhum deva devam  
Anantham purushottamam  
Stuvan - nama sahasrena  
purushaha satatothitaha (Satato / thitaha) || 10 ||

Tam-eva chaarchayan - nityam  
Bhaktya Purusham - avyayam  
Dhyayan stuvan namasyan - cha  
Yajamaanah tam - eva cha (Yajamanas / tam - eva cha) || 11 ||

Anaadi nidhanam Vishnum  
Sarva loka maheshwaram  
Loka - adhyaksham Stuvan - nityam  
Sarva dukhatigo bhaveth || 12 ||

Brahmanyam sarva Dharmagnam  
Lokanam Keerthi Vardhanam  
Lokanatham Mahad - bhootam  
Sarva Bhootha bhavodbhavam || 13 ||

Esha me sarva Dharmanam  
Dharmo - Adhikatamo mataha  
Yat - bhaktya Pundareekaksham  
Stavaih archen narah (Stavair/archen/narah) sada || 14 ||

Paramam Yo mahat - tejaha  
Paramam Yo mahat - tapaha  
Paramam Yo mahat - Brahma (mahad/Brahma)  
Paramam Yah Parayanam || 15 ||

Pavitranam pavitram Yo  
mangalanam cha mangalam  
Daivatam devatanam cha  
Bhootanam yovyayah Pita || 16 ||

Yatah Sarvani Bhoothani  
Bhavantyadi Yugagame  
Yasminshcha Pralayam yanthi  
Punareva yugakshaye || 17 ||

Tasya loka Pradhanasya  
Jagannathasya Bhoopathe  
Vishnoh - nama (Vishnor / nama) sahasram mey  
Shrunu papa bhayapaham || 18 ||

Yani namani gouni  
vikhyathani mahatmanaha  
Rishibhih Parigeethani  
thani vakshyami Bhootaye || 19 ||

Rishirnamnam sahasrasya  
Vedavyaso mahamunihi  
Chando - anushtup thatha devo  
Bhagavan devaki sutah || 20 ||

Amruthamshoodbhavo beejam  
Shakthir - Devaki nandanaha  
Thrisama hridayam tasya  
ShaanthyarThe viniyujyathe || 21 ||

Vishnum Jishnum Mahavishnum  
Prabha Vishnum Maheshvaram  
Aneka roopa daithya - antham  
Namami purushothamam || 22 ||